

## Chronic Disease Management and Healthy Ageing Program

### Virtual Workshop Learning Outcomes

- Understand the nurse role in supporting healthy ageing
- Contribute to health assessments, care planning, nurse clinics, continuous quality improvement
- Understand population health - screening, data collection, funding models
- Understand contemporary therapeutic support for clients with chronic complex conditions
- Identify challenges experienced by patients in accessing and understanding health information, and navigating the health system and offer solutions
- Use teach-back method to confirm patient understanding
- Build skills to improve engagement with patients using the principles of motivational interviewing
- Support patients with goal setting
- Understand referral pathways
- Identify evidence-based resources to guide best practice care